

Literaturverzeichnis

- Feratovic, F. T. & Key, M. (2025). Wie Jugendliche mit emotionalen Belastungen umzugehen lernen. *Transfer. Berufsbildung in Forschung und Praxis* 10 (2). <https://doi.org/10.64829/12185>
- Kaławak, W., Weziak-Bialowolska, D., Wendołowska, A., Bonarska, K., Sitnik-Warchulska, K., Bańbura, A., Czyżowska, D., Gruszka, A., Opoczyńska-Morasiewicz, M., & Izydorczyk, B. (2024). Young adults from disadvantaged groups experience more stress and deterioration in mental health associated with polycrisis. *Scientific Reports*, 14(1), 8757. <https://doi.org/10.1038/s41598-024-59325-8>
- Kaman, A., Devine, J., Erhart, M., Napp, A.-K., Reiss, F., Moeller, S., Zoellner, F., Behn, S., & Ravens-Sieberer, U. (2025). Youth Mental Health in Times of Global Crises: Evidence From the German Longitudinal COVID-19 and Psychological Health Study. *Journal of Adolescent Health*. <https://doi.org/10.1016/j.jadohealth.2025.05.010>
- Lass-Hennemann, J., Sopp, M. R., Ruf, N., Equit, M., Schäfer, S. K., Wirth, B. E., & Michael, T. (2024). Generation climate crisis, COVID-19, and Russia–Ukraine-War: Global crises and mental health in adolescents. *European Child & Adolescent Psychiatry*, 33(7), 2203–2216. <https://doi.org/10.1007/s00787-023-02300-x>
- Lau, S. S. S., Fong, J. W. L., van Rijsbergen, N., McGuire, L., Ho, C. C. Y., Cheng, M. C. H., & Tse, D. (2024). Emotional responses and psychological health among young people amid climate change, Fukushima’s radioactive water release, and wars in Ukraine and the Middle East, and the mediating roles of media exposure and nature connectedness: A cross-national analysis. *The Lancet. Planetary Health*, (8(6)), e365–e377. [https://doi.org/10.1016/S2542-5196\(24\)00097-4](https://doi.org/10.1016/S2542-5196(24)00097-4)
- Patel, V., Saxena, S., Lund, C., Thornicroft, G., Baingana, F., Bolton, P., Chisholm, D., Collins, P. Y., Cooper, J. L., Eaton, J., Herrman, H., Herzallah, M. M., Huang, Y., Jordans, M. J. D., Kleinman, A., Medina-Mora, M. E., Morgan, E., Niaz, U., Omigbodun, O., ... Unützer, J. (2018). The Lancet Commission on global mental health and sustainable development. *The Lancet*, 392(10157), 1553–1598. [https://doi.org/10.1016/S0140-6736\(18\)31612-X](https://doi.org/10.1016/S0140-6736(18)31612-X)